



POST-OP INSTRUCTIONS

CROWN (CAP) OR BRIDGE

After completion of crown or bridge work, it is important to follow these instructions to promote comfort and successful healing.

TEMPORARY CAP OR BRIDGE

If a temporary cap or bridge was placed between completion of treatment:

- Do not eat or chew for 30 min to allow restoration cement to set
- Do not eat sticky or hard foods
- Be cautious with flossing – snap floss through contact and pull through – no up and down motion as it may dislodge temporary
- It is ok if the temporary does break a little bit, but if the entire restoration falls out, please contact our office

ANESTHESIA

Depending on the anesthetic used, the feeling of numbness will wear off anywhere from 30 min up to 4 hours. Until then, avoid hot foods or liquids and be cautious of chewing. This is to prevent accidentally burning or biting of the lips, cheeks, inside of your mouth or tongue.

SENSITIVITY

Your teeth may be sensitive to pressure and temperature for a temporary period following this procedure and is normal. If the symptoms don't subside after two weeks following placement of permanent crown or bridge, please call our office.

MEDICATION

If pain medications, antibiotics or a special mouthwash were prescribed, please follow instructions provided carefully. Most crown/bridge work will only require over-the-counter pain medication like Ibuprofen, your dentist will advise dosage based upon your specific needs.

PROTECTING PERMANENT CROWN/BRIDGE

- Brush and floss regularly at least 2 times a day – for bridge work, use super floss/floss threaders
- Follow up with your dentist/hygienist as recommended for maintenance visits

IF YOU THINK YOU HAVE ANY OF THE FOLLOWING COMPLICATIONS, PLEASE CALL OUR OFFICE IMMEDIATELY:

- A reaction to the prescribed medication
- Increasing sensitivity or swelling in the area surrounding the tooth beyond 1 week
- The temporary crown or bridge dislodges from the tooth
- Bite feels off